

## **Field Trip Opportunities in Nearby Natural Reserves (suggested by Rick Routledge)**

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Grand River

<http://www.canoeingthegrand.com/>

<http://www.grandriver.ca/index/document.cfm?sec=27&sub1=0&sub2=0>

Elora Gorge

<http://www.grandriver.ca/index/document.cfm?Sec=27&Sub1=124&sub2=0>

Bruce Trail / Niagara Escarpment

<http://www.brucetrail.org/>

<http://www.escarpmentcentre.org/>

<http://www.unesco.org/mabdb/br/brdir/directory/biores.asp?mode=all&code=CAN+06>

Elora Gorge and parts of Grand River are located a short drive (approx. 30 minutes) from Waterloo. The part of Bruce Trail / Niagara Escarpment closest to Waterloo is a slightly longer drive away. The schedule for Days 2 and 3 will allow workshop participants to visit some of these attractions. Those interested are encouraged to remain at the workshop venue to coordinate rides. Formal arrangements are not provided by the workshop.

## **Local Dining (Grace Chiu's picks - see attached maps with locations indicated)**

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### **In Plazas Next to UW**

Seoul Soul (Korean & Japanese)

170 University Ave. W.

Shandiz (Persian)

170 University Ave. W.

Mr. Sushi (Korean & Japanese)

150 University Ave. W.

Al Madina (Egyptian)

150 University Ave. W.

Caesar Martini's (fusion + drinks)

140 University Ave. W.

### **Asian**

Zen Garden (fancy vegetarian - doesn't look or taste vegetarian)

51 King St. N. (downtown Waterloo)

Lotus Tea House (somewhat fancy vegetarian)  
79 Regina St. N. (downtown Waterloo)

Cameron (Chinese; daily Dim Sum)  
21 Cameron St. (downtown Kitchener)

Pho Dau Bo (Vietnamese w/ some Thai)  
301 King St. E. (downtown Kitchener)

Jia Jia Lok (good Chinese food on a budget)  
255 King St. N. (near UW)

Yummyaki (Japanese & Korean)  
55 Northfield Dr. E. (north of UW)

### **Indian**

Maharaja Palance  
103 King St. N. (downtown Waterloo)

Masala Bay  
3-B Regina St. N. (behind Waterloo Hotel)

### **European / N. American**

"20 King" (fancy)  
45 King St. W. (downtown Kitchener)

Whole Lot-a Gelata (panini sandwiches, crepes, gelata)  
120 King St. S. (downtown Waterloo)

Waterloo Hotel - Symposium (good breakfasts)  
2 King St. N. (downtown Waterloo)

Kitchener Market Food Court  
300 King St. E. (downtown Kitchener)

Bolero (Italian)  
9 Water St. N. (downtown Kitchener)

Marbles (N. American)  
8 William St. E. (downtown Waterloo)

Huether Hotel (downstairs; bagel sandwiches)  
59 King St. N. (downtown Waterloo)

King St. Trio (N. American)  
65 University Ave. E. (somewhat near UW)

### **Good Coffee / Espresso / Tea**

Whole Lot-a Gelata (coffee/espresso)  
120 King St. S. (downtown Waterloo)

Matter of Taste (coffee/espresso/tea)  
119 King St. W. (downtown Kitchener)

Princess Theatre Cafe (coffee/espresso/hot chocolate)  
46 King St. N. (downtown Waterloo)

Zen Garden (very fancy tea)  
51 King St. N. (downtown Waterloo)

Lotus Tea House (very fancy tea)  
79 Regina St. N. (downtown Waterloo)

### **Restaurants on campus:**

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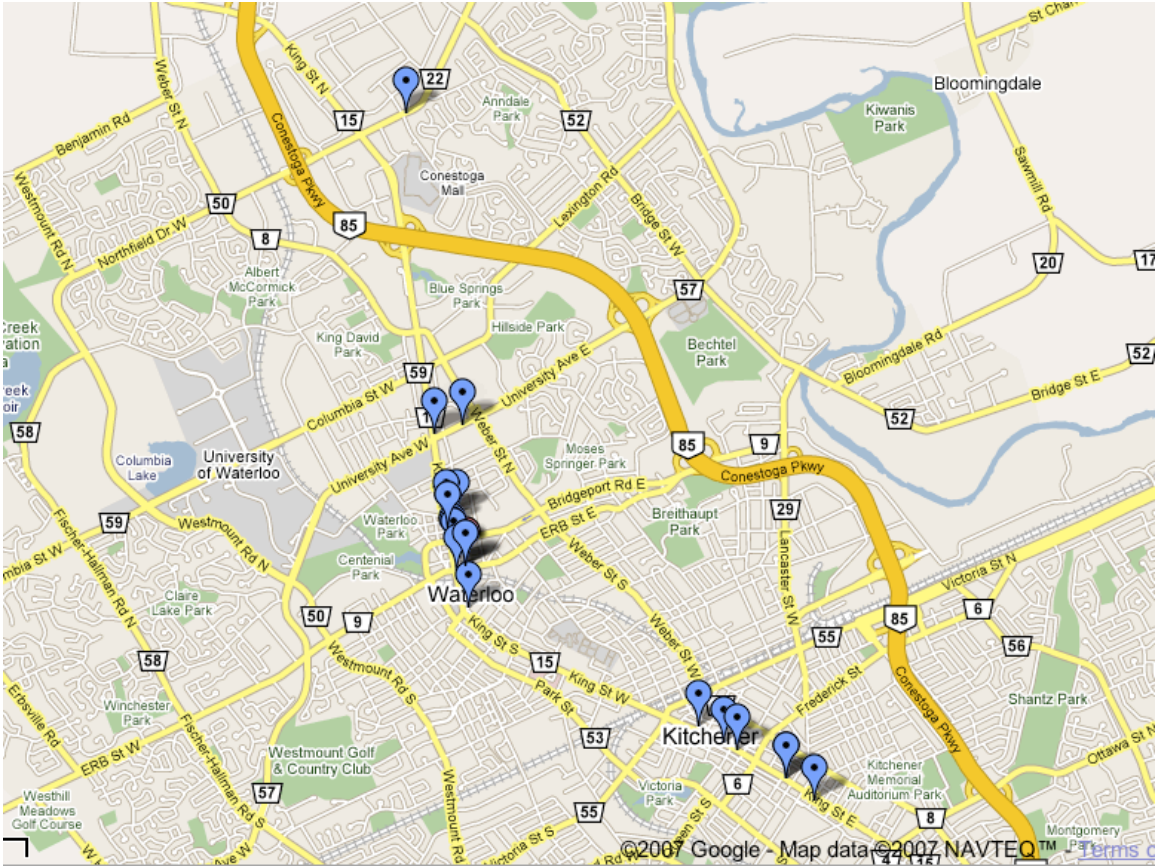
**Student Life Centre (SLC on campus map):**  
Brubakers

Made-to-order deli sandwiches and pitas, pizza, pasta, and a Daily Pub Grub menu item will make it hard for you to decide what to eat. Stop by for a great breakfast special.

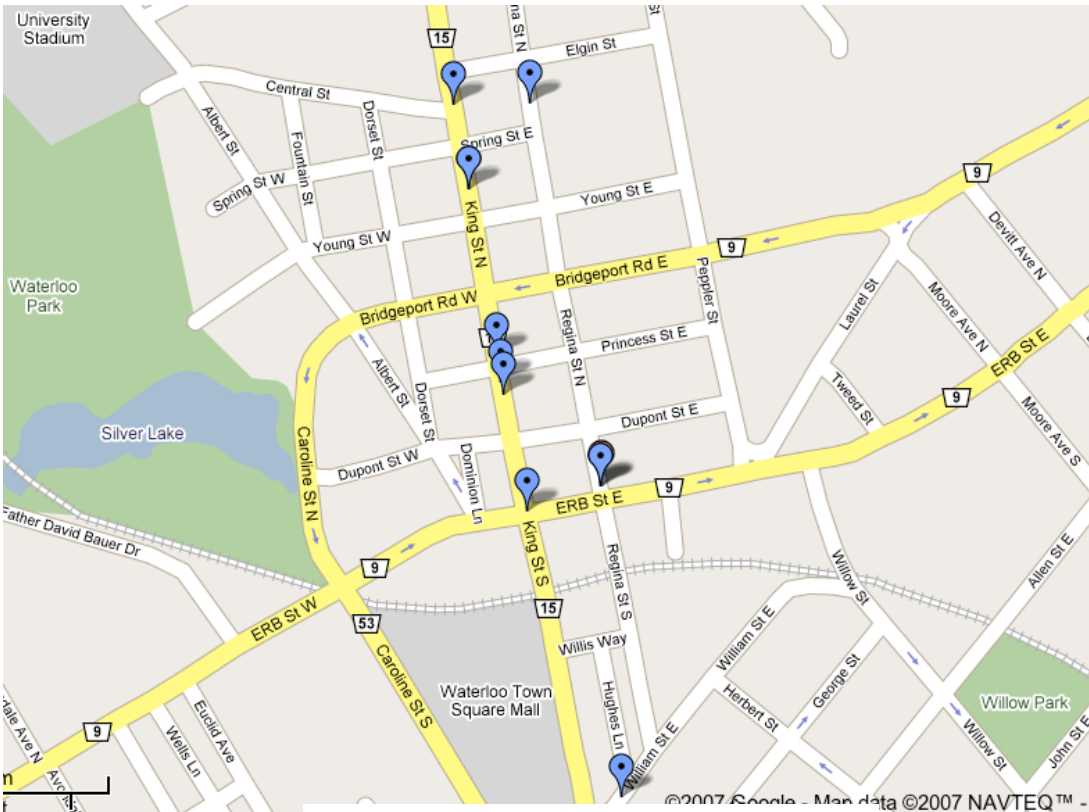
**Davis Centre (DC on campus map):**  
Bon Appetit

Bon Appetit offers fantastic Chinese food, salads, fruit, beverages, soup, and grill items.

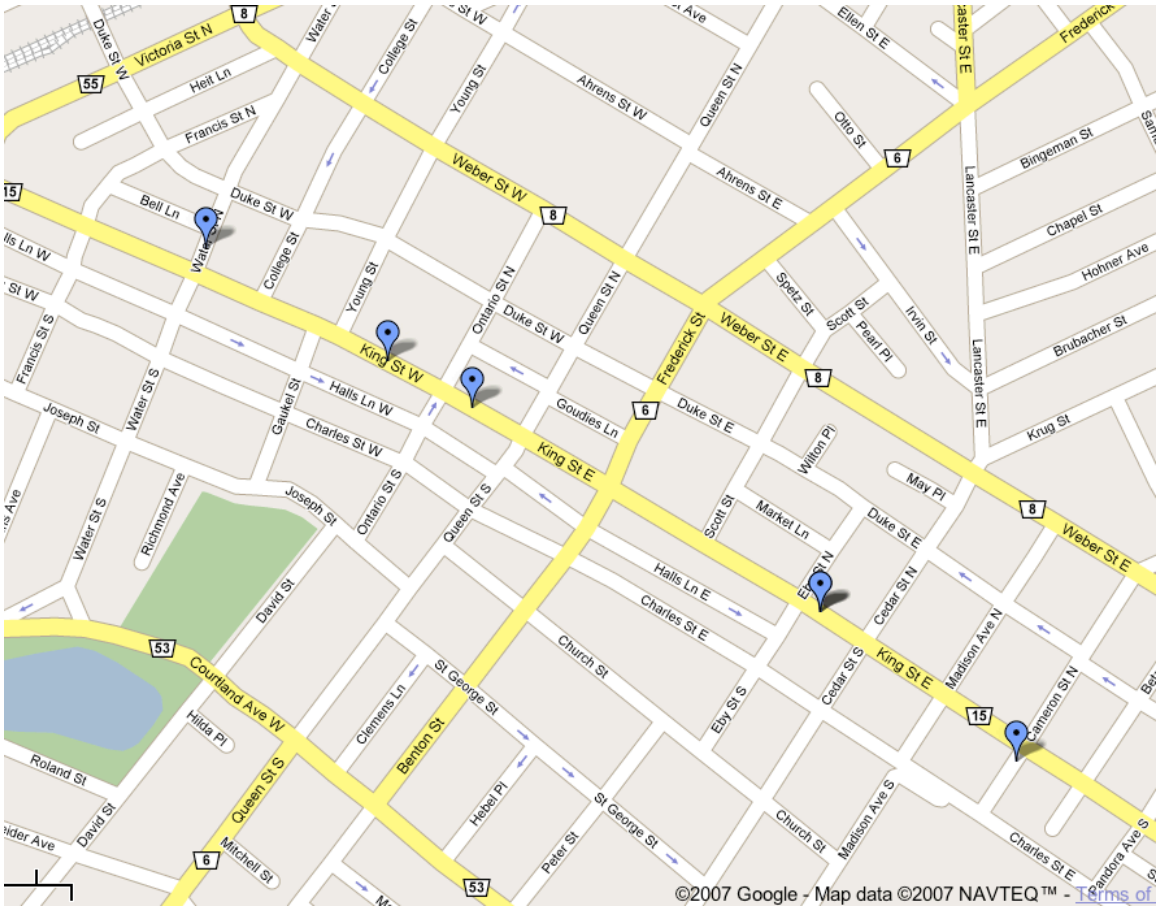
**University Club (UC on campus map)**



## KITCHENER-WATERLOO



## WATERLOO



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# KITCHENER